 DEPARTMENT OF PHYSICAL EDUCATION

ST. XAVIER’S COLLEGE, THUMBA

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| PHONE : (0471) 2705254 ST.XAVIER’S COLLEGE P.O., TRIVANDRUM-695586 |

Date:4/3/2016

No:

To

The Principal

St.Xavier’s College

Respected Fr.,

I am hereby submitting the Department’s activity and performance report for the year 2015-16.

Special Coaching camps for Football, Volleyball, Handball, Kabaddi, Softball, Baseball, Cycling, Athletics, Boxing, Power lifting and Weight Lifting, Taek Won Do and Cricket were started from 16th June, 2015. Along with this the sports quota selection trials also conducted.

The following coaches from various organizations provided assistance in conducting the coaching camps.

1. Sri.Alex - (Football) - from KSEB
2. Sri.Rajagopal - ( Cricket) - from KCA
3. Sri.Pious Mathew - (Volleyball) - from SAI
4. Sri.Chandralal - (Boxing) - from SAI
5. Smt.Usha - (Cycling) - from SAI
6. Sri.Jayaram - (Softball & Baseball) - old student

The following teams participated in the **National events**

1. Volleyball (Women)
2. Boxing (Women)
3. Cricket (Men)
4. Cycling (Men)

The following teams participated in the **State events**

1. Volleyball (Women)
2. Boxing
3. Cricket
4. Cycling

The Following teams participated in the **University Events**

1. Football (Men)
2. Cricket (Men)
3. Kabaddi (Men)
4. Athletics (Men)
5. Taek Won Do (Men)
6. Softball (Men)
7. Baseball (Men)
8. Best Physique (Men)
9. Chess (Men)
10. Shuttle Badminton (Men)
11. Kabaddi (Women)
12. Volleyball (Women)
13. Handball (Women)
14. Boxing (Women)
15. Power Lifting & Weight lifting (Women)
16. Cycling (Men)

The performance of our **college teams:**-

1. **Football (Men):-**

(a) George Joseph Memorial Championship held at

TKM Engg. College - Runners

(b) Bishop Mathew Kavukattu Memorial Championship

held at St.Alocious College, Edathua - Winners

(c) Baselious Football Tournament held at CMS College

Kottayam - Semi- finalist

(d) Marthoma College Football Tournament held at

Marthoma College, Thiruvalla - Semi Finalist

(e) Donbosco Bicentenary Memorial Football

Tournament - Winners

(f) All Kerala Indian Express Football tournament - Quarter finalist

held at Mallapuram

(g) Kerala University Inter Collegiate Football

Tournament held at Trivandrum - Third

1. **Cricket (Men):-**

(a) Kerala University Inter Collegiate tournament

held at St.Xavier’s College, Thumba - Winners

1. **Baseball (Men):-**

(a) Kerala University Inter Collegiate tournament

held at CET, Thiruvananthapuram - Winners

1. **Volleyball (Women):-**

(a) Kerala University Intercollegiate tournament - Runners

held at MSM College, Kayamkulam

(b) All Kerala SH College Volleyball Tournament - Runners

held at SH College, Thevara

1. **Handball (Women)** :-

(a) Kerala University Inter Collegiate Championship held

at Govt.Women’s College, Thiruvananthapuram - Third

1. **Power Lifting & Weight Lifting (Women)**:-

(a) Kerala University Inter Collegiate Championship

held at GV Raja Stadium, Thiruvananthapuram - Winners

1. **Best Physique (Men):-**

(a) Kerala University Inter Collegiate Championship

held at St.Cyrils College, Adoor - Third

1. **Boxing (Women):-**

(a) Kerala University Inter Collegiate Championship

held at SN College, Kollam - Third

1. **Cycling(Men):-**

(a) Kerala University Inter Collegiate Cycling

Championship held at LNCPE, Kariyavattom - Second

1. **Kabaddi (Men):-**

(a) Kerala University Inter Collegiate Championship - Came up

held at Govt.College, Kariyavattom to 2nd round

1. **Kabaddi (Women):-**

(a) Kerala University Inter Collegiate Championship - Participated

held at NSS College, Karamana

1. **Athletics(Men & Women):-**

(a) Kerala University Inter Collegiate Championship - Participated

held at GV Raja Stadium, Thiruvananthapuram & got medals

1. **Taek Won Do(Men):-**

(a) Kerala University Inter Collegiate Championship - Participated

held at LNCPE, Kariyavattom.

1. **Softball (Men):-**

(a) Kerala University Inter Collegiate Championship - Came up to

held at NSS College, Nilamel 2nd round

1. **Chess (Men):-**

(a) Kerala University Inter Collegiate Championship - Participated

held at Govt. Arts and Science College, Ambalapuzha

1. **Shuttle Badminton(Men):-**

(a) Kerala University Inter Collegiate Championship - Participated

held at CET, Thiruvananthapuram.

The Department conducted the following **inter department tournaments**.

(a) **Cricket (Men):**

Held on 17th, 18th 19th FEB 2016

**Dept. of Economics** - Winners

(b) **Football (Men):**

Held on 24th, 25th & 29th FEB 2016

**Dept of Commerce -** Winners

(c) **The 50th St.Xavier’s Annual Athletic Meet (Men & Women):**

Held on 4/3/2016.

**Dept. of** **Commerce. -** Overall Champions

All our staff actively participated in the Inter Class competitions and in the 50th St.Xavier’s Annual Athletic Meet. We the department and the students are sincerely thankful to the Management for their encouragement and support.